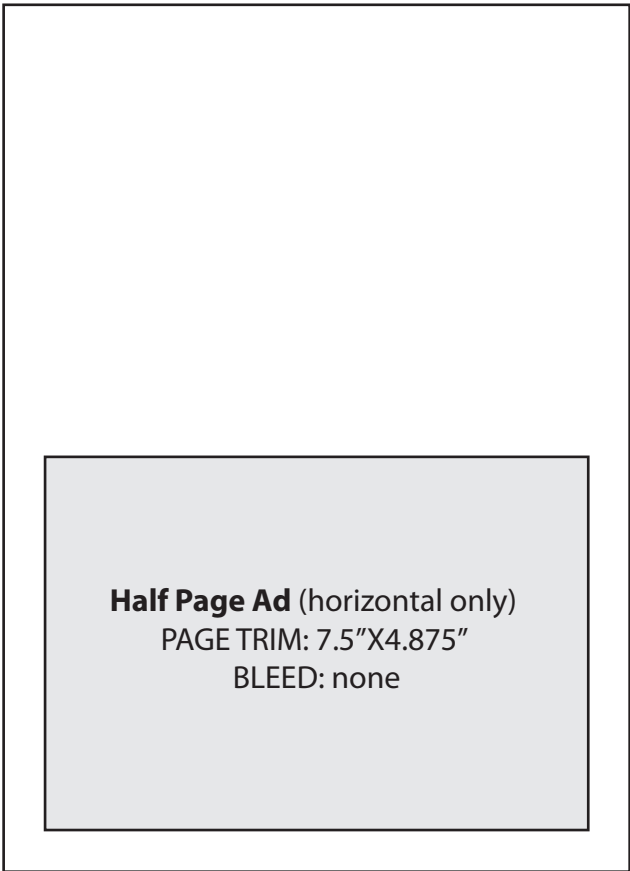




PROGRAM ADS



AD SPECS

COLOR: CMYK color mode
RESOLUTION: 300 DPI
FILE FORMAT: PDF (all fonts outlined)

SUBMISSION

AD DEADLINE: September 15, 2022
EMAIL TO: howdy@mentservices.com (large files can be sent via [wetransfer.com](https://www.wetransfer.com))